

OHF Vulnerable Sector Check (VSC) Instructions



As of the 2024/25 season, the OHF is centralizing the VSC process for Rostered Volunteers. Instructions for the new process are as follows:

Who Needs an OHF VSC:

Any and all rostered volunteers of Muskoka Rock, which includes coaches, trainers, and managers, are required to obtain a VSC through the OHF process.

VSC Process:

1. Download and complete the OHF VSC letter: [download here](#)
2. Apply for a VSC through the OPP with your completed OHF VSC letter: [go here](#)

Step three does not need to be started until you receive your VCS from the OPP.

3. Register for a VSC through the OHF: [go here](#) and login using your Spordle login credentials

For instructions on this step:

[*New coaches without a Spordle account*](#)

[*Previous coaches with a Spordle account*](#)

[*How to link your Spordle account and HCR number*](#)

4. Download and complete the OHF Screening form: [download here](#)
5. Submit your VSC and Screening Form: [go here](#)

To complete this step, you need your HCR number and two documents: your VSC from the OPP and your completed OHF Screening form.

6. Email info@muskokarock.ca to confirm you have completed the VSC process.

If you have any questions along the way, please email info@muskokarock.ca.